



**January Bible Study Series:  
Walking With God**

To walk with God means **that you and God agree about your life.**

**Amos 3:3, Can two walk together,  
except they be agreed?**



**Lesson Four:**  
**WALKING YOKED WITH JESUS**



**“I’d rather walk in the dark with  
Jesus than dance in the light  
on my own.”**

**Matthew 11:28-30**, Come to Me, all you who labor and are heavy laden, and I will give you rest. Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. For My yoke is easy and My burden is light."



**Jesus issues an Invitation:  
“Come to Me”**

**Mark 1:16–17**, And as He walked by the Sea of Galilee, He saw Simon and Andrew his brother casting a net into the sea; for they were fishermen. Then Jesus said to them, “Follow Me, and I will make you become fishers of men.”

# **Biblical Definition of a Yoke**

A yoke is a wooden crosspiece fastened over the necks of two animals and attached to a plow or cart.

Christ wants us to be yoked with Him so that we can learn from Him what it means to walk with God. When Jesus says, “My yoke is easy, and My burden is light” He is suggesting that the guidelines He offers for living life are custom fit for each of us.



**What are you tied to and following?**

**Ephesians 6:12**, For we do not wrestle against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this age, against spiritual hosts of wickedness in the heavenly places.



# **Three Yokes of Bondage**



# **The Yoke of the Law**

Acts 15:10; Galatians 5:4-6

**Acts 15:10**, Now, therefore, why are you putting God to the test by placing a yoke on the neck of the disciples that neither our fathers nor we have been able to bear?

**Galatians 5:4-6**, You have become estranged from Christ, (Christ is become of no effect unto you) you who *attempt to* be justified by law; you have fallen from grace. For we through the Spirit eagerly wait for the hope of righteousness by faith. For in Christ Jesus neither circumcision nor uncircumcision avails anything, but faith working through love.



# **The Yoke of the World**

James 4:4; II Peter 1:3-4

**James 4:4**, Adulterers, and adulteresses! Do you not know that friendship with the world is enmity with God? Whoever therefore wants to be a friend of the world makes himself an enemy of God.

**1 Peter 1:3-4**, as His divine power has given to us all things that *pertain* to life and godliness, through the knowledge of Him who called us by glory and virtue, by which have been given to us exceedingly great and precious promises, that through these you may be partakers of the divine nature, having escaped the corruption *that is* in the world through lust.



# **The Yoke of the Flesh**

Lamentations 1:14; Romans 8:1,8

**Lamentation 1:14**, The yoke of my transgressions was bound; They were woven together by His hands and thrust upon my neck. He made my strength fail; The Lord delivered me into the hands of *those whom* I am not able to withstand.

**Romans 8:1,8** *There is* therefore now no condemnation to those who are in Christ Jesus, who do not walk according to the flesh, but according to the Spirit. So then, those who are in the flesh cannot please God.

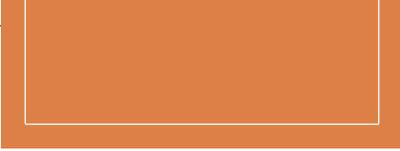
# **Breaking the Old Yoke**

**Romans 7:5-6**, For when we were controlled by the [flesh], the sinful passions aroused by the law were at work in our bodies, so that we bore fruit for death. But now, by dying to what once bound us, we have been released from the law so that we serve in the new way of the Spirit, and not in the old way of the written code.

**II Corinthians 6:14-15**, Do not be unequally yoked together with unbelievers. For what fellowship has righteousness with lawlessness? And what communion has light with darkness? And what accord has Christ with Belial? Or what part has a believer with an unbeliever?

# **How To Break the Old Yoke**

- 1. RECOGNIZE the stronghold on your life that has kept you bound.**
- 2. CONFESS it to God.**
- 3. DECLARE your freedom.**



# **Yoked to Jesus**

## **Spending Time with Jesus**

**Isaiah 50:4-5**, The Lord God has given Me the tongue of disciples, That I may know how to sustain the weary one with a word. He awakens Me morning by morning; He awakens My ear to listen as a disciple. The Lord God has opened My ear; And I was not disobedient, nor did I turn back.

**Psalms 32:8-9**, I will instruct you and teach you in the way which you should go; I will counsel you with My eye upon you. Do not be as the horse or as the mule which have no understanding, whose trappings include bit and bridle to hold them in check, otherwise they will not come near to you.

## **a. Waiting on God**

**Psalms 131:2**, Surely, I have composed and quieted my soul; Like a weaned child rests against his mother, my soul is like a weaned child within me

**Psalms 130:5-6**, I wait for the LORD, my soul does wait, And in His word do, I hope. My soul waits for the Lord More than the watchmen for the morning; Indeed, more than the watchmen for the morning.

## **b. Seeking God**

**Psalm 27:4**, One thing I ask of the Lord, this is what I seek: that I may dwell in the house of the Lord all the days of my life, to gaze upon the beauty of the Lord and to seek him in his temple

**Psalms 27:8**, When You said, "Seek My face," my heart said to You, "Your face, O Lord, I shall seek."



# **Becoming a Daily Christian**



**“The closer you walk with God,  
the less room for anything to  
come between.”**

### **Bible Study Follow Up Chat Questions:**

1. Is being yoked together with God a liberating or binding concept to you? Why?
2. If the law was impossible to keep and stimulated our sinful passions, why did God institute it?
3. Why is it difficult to let go of what no longer serves you?
4. Getting to know Christ more and spending time with Him causes worldliness in our lives to fade. How so?
5. What does it mean to be yoked to Jesus?
6. How does being a Christian change how you think, talk, and behave in general?
7. How do we learn from Jesus when Jesus isn't physically around?